

The Ecotourism Society of Seychelles



*For the Community & by the Community
The Process....*

“Turning Possibilities into Realities”

2012 “STRIVING FOR OUR SEYCHELLES”

Rio + 20: The Future we want: The Promise

“Working Hard at Working Smart” (part VIII)

Labour Day 2012



The iconic image of the hand of God giving life to Adam.
Michelangelo - Sistine Chapel - The Vatican

A mind always employed is always Happy. That is a true secret, the grand recipe, for felicity.

Thomas Jefferson, 1743 - 1826, 3rd President of the USA.

May Day 2012

The Quest For Sustainability

A list for life

Phylis Schroeder, M.A. is a career counselor in Manhattan, New York Post: 1st March 1999

Calling all list makers! Isn't it a wonderful feeling to cross off a task on your list once it's been accomplished? That's because there's now one less thing to do. You feel as if you're really making some progress.

Today we'll discuss that need to write down and define what you want to do. Your goals have to be clear, defined and measurable. You want to keep in mind your talents, interests and abilities when considering your goals.

Think about what you really want to do and what attributes you have to make it work. When considering your plans, remember that sometimes goals that seemed important, may become unimportant as time passes, it is okay to drop those goals that become obsolete. You also have to be aware that all plans do not end up totally completed. You have to accept the fact that some projects may have to be finished by others due to either time constraints or lack of a certain skill. You may have all the desire in the world to finish the project, but sometimes the results will be much better if you turn it over to someone else.

Once you have a list of what you want to accomplish, it will focus your energy on what you need to do. Without a focus, your thoughts and energy will be scattered, making it hard to work well on any one thing. Also, when you do not have long term goals, problems can occur. When you don't consider what you really want to do, you can waste many years on tasks and in jobs that give you very little pleasure.

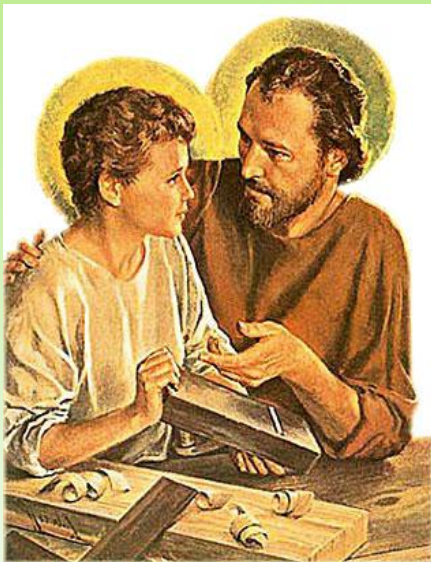
Once you set your mind to what you want to do, you will feel in control. Depression is caused by the feeling that your fate is not in your own hands. You feel that you have no responsibilities and challenges. There is nothing to aspire to and that can leave you feeling angry and frustrated. This can destroy your dignity and self respect. When that happens, it can harm your personal relationships.

When you do not like yourself, it is so much easier to take out the blame on others rather than yourself. You might also find flaws in your friends or family, or you may be so needy that you continually need reassurance. You can also put yourself in a position of feeling like you have to appear that you're doing very well, which means living beyond your means. If you make believe that all is well, then you can avoid setting your life in order.

Without goals and accomplishments, life is confusing, boring and depressing. It is best to spend time now writing down what you want to do. By making demands of yourself, you'll set up your goals and feel in control of your life. You can clarify what you want and put it down in measurable steps. It gives you something to look forward to in the coming years. It can also help motivate you and give you performance goals. You'll feel better about yourself once you put your **unique self in the driver's seat and ensure that you are on your way.**

Labour disgraces no man; unfortunately you occasionally find men who disgrace labour.

Ulysses S. Grant 1822 – 1885 18th President of the USA



Rio + 20: The Future we want: The future we want
The Promise: The force beyond

The green economy: Many paths, one direction
Together in Faith

Dear Readers

Happy Labour Day to you all

On this most auspicious occasion for all the hard working people striving for the betterment of Our World, and equally important, on the eve of Rio + 20, Earth Summit, it is appropriate for us to reflect deeply on our endless quest for Sustainability and to take appropriate actions now, in ensuring the survival of our unique Seychelles Islands.

Indeed, for us as a Nation to meet any challenges, seize any moment and register more success as a **Small Island Developing State (SIDS)**, there is now also the need to look out more for one another and help each other get ahead. With that Sense of a Common Purpose, we will surely be better able to enhance further our Collective Action for much more Sustainable Solutions pertaining to Climate Change and the Green Economy... The one, the only Direction for the ultimate Future we want...

In the process we must always acknowledge the fact that "without Labour, nothing Prospers", that "Labour disgraces no man" and that, "it is Labour indeed that puts the difference on everything".

Today, therefore, as we celebrate the fruits of our own sweat, let us take time to acknowledge and honour those who also work hard for the betterment of our lives on a daily basis. In so doing, let us humbly pray that St. Joseph who is the patron of the **universal church, fathers and carpenters** and not the least **social justice**, continue to watch over us, protect us and guide us as he did with his adopted son Jesus.

May the Almighty be with us always.

Faithfully yours

Marc MRM Marengo
Ambassador
Secretary General of TESS

