



TESS Newsletter

Accordance to Article 7
Section 3 of its Constitution

No. 01 of 14th January 2013

“Turning Possibilities into Realities”

Building a Global Movement for Change [UNSG]: The Promise (part 9)



Striving for our Seychelles

“Working Hard at Working Smart” (part XXI)

Our History : The Corridors of Power : Humility



White House Meeting with HE President George Walker Bush

Private visit to the USA by Mr France Albert René - 2nd President of the Republic of Seychelles - 20th July 1989

“Don't worry when you are not recognised, but strive to be worthy of recognition.”

Abraham Lincoln, 16th President of the United States of America, serving from March 1861 until his assassination in April 1865. Abolisher of Slavery.

The future we want: The Promise: The Force Beyond

**Special Tribute to HE George Herbert Walker Bush,
the 41st President of the United States of America (1989 - 93) and
Mr France Albert René, the 2nd President of the Republic of Seychelles (1977 - 2004)**

The Value of Humility in Modern Society

By David Keller. *Oasis of Wisdom* p. 140

Modern society is full of labels and stereotypes: poor, rich, enemy, ally, good, evil, conservative or liberal. Labels can inhibit humble openness to others. They point a finger at the "other" and in the process make it almost impossible for us to listen to each other and value each other as persons. Even worse, labels create divisions and stifle accountability and honesty about our own weaknesses and self-interests.

In today's society humility seems unrealistic in this context because it asks for mutual responsibility and inter-dependence in a world that values hegemony and self-interest. This is true for individuals as well as nations. It is true within communities of faith as well as the marketplace.

The opposite of humility is not arrogance. It is indifference and heedlessness. To become heedless is to assert one's life at the expense of the lives of other people. The desert mothers and fathers exhort us not to act in a heedless manner lest we forget who we are and cause unnecessary harm to others. □



White Tie,
White House Banquet:

Cultivating Humility in 2013 and Beyond

By Bill Mansell president of MindPerk

Do you want to be among the most intelligent, charismatic people in the world? Do you want to be a top achiever and an effective leader, one who has the respect and admiration of peers? Cultivate humility.

What's that? Humility? We often think of humility as a sort of weakness, a kind of self depreciation or feeling that we have little value. On the other hand, we generally consider the big talker who is always touting his or her accomplishments to be the epitome of success. Not so. In my experience, humility is actually a sign of tremendous inner strength. Humble people have such a feeling of inner confidence in their abilities and their worth as a person, that they don't feel the need to toot their own horn or parade their accomplishments before everyone.

Humble people have developed a level of emotional independence where they no longer require the approval or accolades of others to verify their value. This doesn't mean they don't ask for help when they need it. On the contrary, humble people are quick to admit when they need assistance with a task or project. Stephen R. Covey describes this concept as a progression from dependence (relying on others to make your life work) to independence (the ability to make your own life work) and finally to interdependence (the ability of an independent person to recognize when he or she should work with others to develop a synergistic result). **This concept of interdependence requires personal strength, confidence, and humility.**

Cultivating Humility in 2013 and Beyond [continues]

Humble people don't have to be right all the time. So, they are open to learn and be taught in every situation. They listen; they absorb. Thus, the barriers that can hinder learning are removed. **In Plato's *The Apology*, Socrates describes wisdom as the knowledge that we know nothing. In other words, intellectual humility breeds wisdom.** Humble people are quick to admit when they're wrong. Therefore, they learn readily and quickly. As a result, they are often among the most intelligent individuals in the room.

Humble people don't characterize their life as a competition. Rather, they consider it a contribution. Instead of "I'm better than you," their mantra is "how can I help you?" or "how can I make the world a better place?" Humble people are grateful for their accomplishments but not obsessed by them. They are more interested in pressing forward and lifting others than worrying about their public image.

Humble people are kind to everyone, even to those who are decidedly beneath them socially, economically, or intellectually. Humble people have an attitude of service to others, rather than demanding their due. Consequently, they have tremendous charisma and enjoy the admiration and respect of those around them.

Question: How do we cultivate humility?

Answer: We do it by developing an outward rather than inward focus. Turning our thoughts to how we can help and love and serve others is the ultimate developer of humility.

Success Tip: Improve your intelligence, your charisma, and your leadership by cultivating humility. Forget yourself and focus on lifting and developing others.□



Texan Barbeque:
Simplicity...

The Value of Humility

By Ramon Arias

*"Humble yourselves, therefore,
under God's mighty hand,
then he may lift you up in due time."*

1 Peter 5:6

Few people are aware of the destructive power of pride, there are those who do not accept they are dominated by pride, and there are also those who are not aware that they are prideful. The majority erroneously associate humility with an economic condition when in reality it is an attitude. The great king Solomon affirmed: *"Pride goes before destruction, a haughty spirit before a fall."* (Proverbs 16:18). Pride is very destructive proof of this is the great number of homes and friendships that are affected and our very salvation is threatened. Pride is part of the original sin that is so easily found in our human nature, and the only way we can dominate **it is through a superior power.**

Why do we boast when we are not the originators of life, much less creators of the world? Why do we act as if we are never going to die? The earth and all that is in it has an owner and we human beings are not the owners. **God is the owner of all, even of our very lives.** We have no reason to be boastful.

Pride gives us a wrong sense of superiority. The only way to destroy pride is to recognize that we are created beings. When we compare ourselves to Father God and our Creator that is then we can truly see how insignificant we are. **Humility should take preeminence in all of our actions as we acknowledge that God is the source of life, of all true knowledge and wisdom and that from Him comes every good gift.** It is God's love toward us that gives us true personal value. The victory of Jesus Christ reminds us that we are adopted sons into the family of God.

Any significant accomplishment that we might acquire should not inflate our ego, but fill us with gratitude toward Father God. When we become

The Value of Humility *[continues]*

filled with gratitude, we destroy all possibility of pride ever flourishing and therefore save ourselves from destruction. It is extremely important to always have Jesus' words present in our mind that without Him we can do nothing. The cure for pride is to always be grateful to God for what he does for us.

Let us never become prey to the lie that many believe thinking that it is possible to have a good relationship with God and still harbor pride in our heart. We do not impress God with "our accomplishments." What does impress God is if he has us. Jesus left us his maximum example of humility by obeying and humbling himself to suffering the death of a cross.

Every accomplishment, recognition or triumph we owe to God and with our strongest conviction let's give Him all the Glory. Let us strengthen our relationship with him on a daily basis knowing that by humbling ourselves before Him is our maximum guarantee for greater accomplishments in our life.

All that we have and all that we can do we owe to God because without Him we can do nothing.



And let us always remember that:-

"We are not the sum of our possessions"

and that

"Our God is a forgiving God"

HE George Herbert Walker Bush - 41st President of the United States of America - Recipient of the Medal of Freedom awarded by HE President Barack Obama.

The Ecotourism Society of Seychelles [TESS]

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“Our voices Our rights

Our Voices Count”

Human Rights Day 2012

[CNN advert]

Giving Thanks

**Seychelles : USA Relations
[1989-1993]**

The Aftermath of the Cold War Era [40 years]

Our utmost gratitude are now for Mr. France Albert René, 2nd President of the Republic of Seychelles and His Excellency Mr. George Herbert Walker Bush, the 41st President of the United States of America (USA) for their wise leadership, co-operation and actions (1989-1993), in the aftermath of the Cold War, which have been instrumental towards the further enhancement of the various relations between our two countries, over the last two decades, our mutual continued success and the success of many worldly generations to come.

We also pay special tribute to their spouses and families.

Our very best wishes are now in order for their good health, long life and happiness always.

Please accept, Your Excellencies, the assurances of our highest consideration and esteem.

The Promise