



TESS Newsletter

Accordance to Article 7
Section 3 of its Constitution

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Episode 148

“ Turning Possibilities into Realities ”

Building a Global Movement for Change [UNSG]: The Promise (part 80)



"Working Hard at Working Smart" (part C)

Spiritual Values: Prosperity and the Value of Giving



"Prosperity is not just having things. It is the consciousness that attracts everything. Prosperity is a way of living and thinking, and not just having money or possessions. Remember, poverty is a way of living and thinking, and not just a lack of money."

Eric Butterworth [Minister, Author, Radio Personality]

The future we want: The Promise: The Force Beyond

Prosperity: Finding Your Way To A Peaceful Mind

Prosperity is the state of flourishing, thriving, success, or good fortune. Prosperity often encompasses wealth but, it is not just about money! Prosperity encompasses those things which give us abundance, gratitude, appreciation, peace, happiness and health. Prosperity is your right and reward. You have it and should always recognize it. Some important values about being prosperous include giving, sharing, accepting compliments and recognizing new beginnings.

Achieving Prosperity

1. Prosperity is in your mind's eye. Another words, it is a state of mind. Most importantly, prosperity is about the emotional view of your life and how you feel about it. This is like a seed that must be planted in order for it to grow. A seed grows into a healthy plant when it is nurtured and cared for. When it is abused, forgotten, neglected and not nourished it will never grow to its full potential. First, you must plant the seed of prosperity in your mind and then you must nourish this with positive thoughts, aggressive action and keep it alive, always!

2. Energy follows thought. We create our own reality. We attract those things in our lives (money, relationships, employment) that we focus on. Focusing on having less, and that is exactly what you will experience. Focusing on having more and this is what we create for ourselves. Program your thoughts to be positive and this energy will follow through.

3. Give up the control. Stop trying to control everything! If you do not realize that not all things are in your control you will be wasting boundless energy worrying about those things you have no control over. You can only do what you can do. A patient once said to me **We are not driving the bus. We are passengers in the bus. Have a nice ride!**

4. If you are already resisting this thought... you are not trusting of yourself or anyone around you. This includes the Universe! Resistance slows all things. It is up to you to find the **free flow** in your life. If we can surround ourselves, we can gain great insight, release great stress and learn that vulnerability can be both enlightening and educating. It is time to let go and learn these lessons.

5. Pay attention to what you DO have NOW. Just wanting something isn't enough, because we still continue to think about what we **don't have**. Everyone is brought into this world with great gifts. Realizing



what these are, can be found by appreciating what you have right now! **Pay attention.**

6. Appreciate all your life's abundance . You will realize just how much prosperity you do have. There is nothing worse than seeing someone who is ungrateful! Of course, it is human nature to want more, but not at the expense of your own happiness. Some people are so caught up in wanting more, they miss out on experiencing the current abundance they have now. Only when this is gone, do they realize what they had...when it is often too late.

7. Get proactive. Since our jobs are our source of financial support, it is important to do your job well. It is even more important to absolutely love what you do. If you do not, you will never give the job the best you can give. If you do not absolutely love what you do, quit! You must do what you love in your life, as we spend the majority of our lives at work... it better be an inspiring combination of pride, creativity and life altering greatness!

8. Find balance. The balance of work, play, family, friends and self are very important in achieving prosperity. They each equal the way we subconsciously honor a prosperous life. The minute one of these are out of balance, we begin a cascading

effect of resentment, jealousy and anger. Look at each one of these aspects. Are they balanced? If not which one is overwhelming the other? Finding the balance between them will give you a better outlook. Make a "balance sheet" or a Gratitude Journal.

9. Be open to prosperity: When nothing else seems to be working, just simply try being open to endless possibilities without expectation. The greater you expect things to be, the harder it is to deal with things that do not go your way! Having no expectations is one of the greatest lessons we can learn. By allowing yourself to be open to ANYTHING that is new to you and giving it a chance, you can find your life going in the direction of new adventures and endless possibilities!

10. Our priorities of life. These are unique and individual. They are key to living a prosperous life, therefore, you must start aligning your thoughts, beliefs, feelings, emotions and actions towards greater prosperity.

Prosperity

By Louise Hay

You can never create prosperity by talking or thinking about your lack of money. This is wasted thinking and cannot bring you abundance. Dwelling on lack only creates more lack. Poverty thinking brings more poverty. Gratitude thinking brings abundance.

There are a few negative affirmations and attitudes that are guaranteed to keep prosperity beyond your reach-for example: "*I never have enough money!*" That's a terrible affirmation to use. Another unproductive one is: "*Money goes out faster than it comes in.*" This is poverty thinking of the worst kind. The Universe can only respond to what you believe about yourself and your life. Examine whatever negative thoughts you have about money, and then decide to release them and let them go. They haven't served you well in the past and will not serve you well in the future.

Sometimes people think that their financial problems will be solved by inheriting money from a long-lost relative or winning the lottery. Sure, you can fantasize about such things, or even buy an occasional lottery ticket for fun, but please don't put a lot of attention on acquiring money in this way. This is *scarcity thinking*, or *poverty thinking*, and it won't bring lasting good into your life. Anyway, when it comes to the lottery, winning seldom brings positive changes into anyone's life. In fact, within two years, most lottery winners have lost almost all of their money, have nothing to

"Prosperity depends more on wanting what you have than having what you want."

- Abert F. Geoffrey-

show for it, and are often worse off financially than before. The problem with money acquired in this way is that it rarely solves any problems. Why? Because it doesn't involve changing your consciousness. In effect, you're saying to the Universe: "I don't deserve to have good in my life except by a fluke chance."

If you would only change your consciousness, your thinking, to allow the abundance of the Universe to flow through your experience, you could have all the things you think the lottery could bring you. *And* you'd be able to keep them, for they would be yours by right of consciousness. Affirming, declaring, deserving, and allowing are the steps to demonstrating riches far greater that you could ever win in a lottery.

Another thing that can keep you from prospering is being *dis-honest*. Whatever you give out comes back to you. Always. If you take from Life, then Life will take from you. It's that simple. You may feel that you don't steal, but are you counting the paper clips and stamps you're taking home from the office? Or are you a person who steals time or robs others of respect-or perhaps steals relationships? All these things count and are a way of saying to the Universe: "I don't really deserve the good in life. I have to sneak it and take it."

Become aware of the beliefs that may be blocking the flow of money in your life. Then change those beliefs and begin to create new, abundant thinking. Even if no one else in your family has done this, you can open your mind to the concept of money flowing into your life.

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