



TESS Newsletter

Accordance to Article 7
Section 3 of its Constitution

No. 01 of 08th January 2015
Episode 120

“ Turning Possibilities into Realities ”

Building a Global Movement for Change [UNSG]: The Promise (part 52)

"Working Hard at Working Smart" (part LXIII)

2015: Raising The Bar: The Value of Appreciation: Building Bridges and Fostering Healthy Relationships



“The difference between appreciation and flattery? That is simple. One is sincere and the other insincere. One comes from the heart out; the other from the teeth out. One is unselfish; the other selfish. One is universally admired; the other universally condemned.”

Dale Harbison Carnegie - Born November 24, 1888 – Died November 1, 1955 - American Writer & Lecturer - Developer of famous courses in self-improvement, salesmanship, corporate training, public speaking, and interpersonal skills.

The future we want: The Promise: The Force Beyond

The Value of Appreciation

By Simran Khurana

Appreciating someone is not that difficult. You just need to remember to express your appreciation when the opportunity arises. But how many of us remember to do so?

Why appreciate someone? Voltaire rightly pointed out the merits of appreciation, "Appreciation is a wonderful thing: It makes what is excellent in others belong to us as well." When you appreciate your loved ones, you build a bond of trust and love. **Appreciation** builds bridges and fosters healthy relationships.

Appreciate Those Who Are Closest to You.

Appreciation can start at home. When your mother packs you a nutritious lunch, or your dad helps you with homework, show your appreciation with a hug or a smile. When your husband helps you with household chores, or your mother-in-law offers to babysit when you had to go out, express gratitude and love.

Appreciate Others Around You.

Appreciate people outside your family too. Give your neighbors credit for ensuring that their dogs did not create a nuisance. Thank the local police for their effort in controlling the crime rate in the neighborhood. You can find many opportunities to express your appreciation.

Appreciating someone does not make you less important. This is not a war of ego. Your words of appreciation reveal your humble and generous nature. By appreciating others, your value does not depreciate! On the contrary, you look good in the eyes of others.

Is Appreciation the Same Thing as Flattery?

Sugarcoated words of flattery appear fake while discerning words of appreciation sound genuine. Appreciation makes specific mention of praise-worthy qualities. Flattery is wishy-washy, smothering the truth behind a veil of false words.

You can instinctively tell if a person is expressing true appreciation or false flattery.

Appreciation softens the blow of constructive criticism. It opens the door for critical appraisal, without putting anybody on the back foot. Appreciation allows room for improvement.



© Fedor & Irina - Kot Man-Ya

"Any man's life will be filled with constant and unexpected encouragement if he makes up his mind to do his level best each day."
Booker T. Washington



Ecotourism and Community Benefits

Kot Man-Ya : The Brand
Le Jardin de l'Ambassadeur
Le Livre d'Or: A 2nd sneak preview

Mai 2012

Une magnifique visite avec l'ambassadeur des fleurs! Merci a Marc qu'il nous a guidé et fait découvrir toutes ses fleurs favorites.

Véronique, M. Chritre Francois de Haute-Savoie

Nous avons été impressionnés par le jardin Kot Man-Ya, nous avons senti l'amour des plantes. Merci a vous et bonne continuation.
Krischen - [Tunisie]

Wonderful garden. Smaller than Kew Gardens, but more plants! We really enjoy it.
Andre & Martin Melcher

It is a wonderful garden. Well equipped. There are those wonderful flowers. Mr Marengo what a great job, congratulations.
Emira & Buella

Quelle générosité tout au long de cette visite magique ! Nous avons été enchantés par tout de beautés et surtout l'accueil de Win et Grace autour d'un délicieux verre de l'amitié ! Bravo pour tout ce travail autour des fleurs, qui sont reconnaissantes de l'intérêt qu'on leur porte. Nous reviendrons un jour, c'est sur!
Rose-Hélène & Gérard [de Gémenos en Provence]

Es war sehr schön. Sehr nett. Wunderschönes Erlebnis. Vielen Danke!
Michaela & Danilo [Dessau, Germany]

18/05/12
Marc, An absolute Gem. Well done. Please to see the progress from 4yrs ago.
Terry & Sylvana Jones [Ashford, Kent, UK]

04/06/12
We were so impressed with this exotic garden, stunning colours, amazing beautiful flowers.
Angie & Kemsha [SA]

05/06/12
Most impressive great to see someone loving something beautiful + environmentally friendly.
Mariella GB

05/06/12

Un voyage au pays extraordinaire des fleurs avec un guide très cultivé et chaleureux. Un moment magique et inoubliable.
Didier et Monique [Paris, France]

09/06/12

Thank you for the tour of your beautiful garden. Kind regards.
Emily & Joe [Cap Fernay, Mahe]

26/06/12

A great learning curve on Tropical Flowers. Will come again.
Austin White [England]

02/02/13

We are deeply impressed by the colours and variety of this marvellous garden.
Annalisa & Hagen [Germany]

Janvier 2013

Un havre de paix luxuriant, verdoyant ... c'est magnifique, merci.
Carole [France]

03/01/13

Amazing variety and array of colour. Most enjoyable day in Seychelles!! Keep up the good work!!
Joyce Mburathi [Nairobi-Kenya]

21/02/2013

Merci pour toutes ces merveilles, d'excellents souvenirs des Seychelles. Votre jardin est magnifique, ne changez rien. Merci pour votre chaleureux accueil.

2013

Merci beaucoup M. Marengo pour votre passion, votre gentillesse et humilité, et la découverte de votre jardin extraordinaire bien mieux que celui de (Charles Trenet !)
Marie-Pierre et Pierre-Louis [Beauvais - France]

'Creating your own success'

© Fedor & Irina - Kot Man-Ya



21/06/13

We are very impressed by your garden and the way you have presented it to us. It is an honour for us to meet you, to see your beautiful flowers and your lovely home. We hope to return to Seychelles and visit again this little piece of heaven. Thank you so much!

Ana, Florin, Nicoleta & Alex [Romania]

2013

It is a very beautiful garden! Thank you for a lovely tour and a delicious drink! You have the prettiest flowers I have ever seen. Keep going! We wish you all the best.

Tanja & Marko [Slovenia]

2014

Un petit tour au paradis en compagnie d'un ange gardien d'une extrême gentillesse et d'une grande culture botanique. Merci pour cette parenthèse inattendu dans nos vacances seychelloises. Amicalement.

Catherine

29/10/14

Very nice experience, big surprise to see all the lovely flowers in that small area, service was very familiar and the drink excellent.

Liebe, Petra & Heiko [Germany/South Africa]

02/11/14

Visite extraordinaire par un guide passionné. Explications en nombre et de qualité. Visite inoubliable. Pays incroyable au vu de beauté. Nous reviendrons.

Brigitte et Phillippe [France]

08/11/14

Quand le guide est passionné, la visite est d'autant plus passionnante. Les fleurs sont magnifiques et le jardin tellement bien entretenu que l'on a l'impression d'être dans un petit coin de tranquillité au milieu de chant des oiseaux.

Jieree

01/12/14

Thank you for showing my mum and I your fantastic garden. Beautiful flowers.

Sue Crafter & Brenda Jesse [England-UK]

'Creating your own success'

Making a Difference Make it a Priority

How to Appreciate Someone?

Appreciation should be sincere. When you praise your mother for her cooking, talk about what you specifically liked about the food. Share your thoughts about what else you would like. And thank her profusely for making your meal so good.

Say "thanks" to your friend who threw you a surprise birthday party. If your friend has spent money for the party, offer to share the expense. Also, tell your friend what you enjoyed most about the birthday celebration.

Use these appreciation quotes to make beautiful thank you cards and messages. Your friends, family and the world at large will remember you for the kind words of appreciation.

The Ecotourism Society of Seychelles [TESS]

P. O. Box 436,
Room 108, Orion Mall, Victoria.
Tel: (248) 2522778 / 4323347
Email: info@sey-tess.com,
marcmarengo@hotmail.com
Web: <http://www.sey-tess.com>

The journey continues...