

TESS Newsletter No. 14 of 18 October 2012 - In Accordance to Article 7 Section 3 of Its Constitution

"Turning Possibilities into Realities"

2012 "STRIVING FOR OUR SEYCHELLES"

Building a Global Movement for Change [UNSG]: The Promise (part 4)

"Working Hard at Working Smart" (part XVI)

The Quest for Excellence - Role Models



Re-Create Yourself

Do not accept the roles that society foists on you. Re-create yourself by forging a new identity, one that commands attention and never bores the audience. Be the master of your own image rather than letting others define it for you. Incorporate dramatic devices into your public gestures and actions – your power will be enhanced and your character will seem larger than life.

Robert Greene, The 48 Laws of Power.

The future we want: The Promise: The Force Beyond

One man's vision, one man's work, one man's life From a man who knows

Colin Luther Powell Truer Words Were Never Spoken

The less you associate with some people, the more your life will improve.

Any time you tolerate mediocrity in others, it increases your mediocrity.

An important attribute in successful people is their impatience with negative thinking and negative acting people.

As you grow, your associates will change. Some of your friends will not want you to go

They will want you to stay where they are.

Friends that don't help you climb will want you to crawl.

Your friends will stretch your vision or choke your dream.

Those that don't increase you will eventually decrease you.

Consider this:

Never receive counsel from unprodu	ctive
people.	

Never discuss your problems with someone incapable of contributing to the solution, because those who never succeed themselves are always first to tell you how.

Not everyone has a right to speak into your

You are certain to get the worst of the bargain when you exchange ideas with the wrong person.

Don't follow anyone who's not going anywhere.

With some people you spend an evening: with others you invest it.

Be careful where you stop to inquire for directions along the road of life.

Wise is the person who fortifies his life with the right friendships.

If you run with wolves, you will learn how to howl. But, if you associate with eagles, you will learn how to soar to great heights.

"A mirror reflects a man's face, but what he is really like is shown by the kind of friends he chooses."

The simple but true fact of life is that you become like those with whom you closely associate - for the good and the bad.

Note: Be not mistaken.

This is applicable to family as well as friends. Yes...do love, appreciate and be thankful for your family, for they will always be your family no matter what.

Just know that they are human first and though they are family to you, they may be a friend to someone else and will fit somewhere in the criteria above.

> "In Prosperity Our Friends Know Us. In Adversity We Know Our Friends."

"Never make someone a priority when you are only an option for them."

"If you are going to achieve excellence in big things, you develop the habit in little matters. **Excellence** is not an exception, it is a prevailing attitude."....

Colin Luther Powell born April 5, 1937in Harlem, New York. The son of Jamaican immigrants Luther and Maud Powell, is an American statesman and a retired four-star general in the United States Army. He was the 65th United States Secretary of State, serving under President George W. Bush from 2001 to 2005. He was the first African American to serve in that position. During his military career, Powell also served as National Security Advisor (1987–1989), as Commander of the U.S. Army Forces Command (1989) and as Chairman of the Joint Chiefs of Staff (1989–1993), holding the latter position during the Gulf War. He was the first, and so far the only, African American to serve on the Joint Chiefs of Staff.



Be Your Own Person

There can be endless reasons why folks may not like us, no matter what we do. In the end, we must have the will to simply be ourselves.

When you please others in the hope of being accepted, you lose your self-worth in the process. As elementary as this sounds: to help yourself, you have to be yourself. Be the best person you can possibly be. Stand up for yourself. Without being rude and arrogant, speak your piece. Every day do your best and if there are those who disagree with you, it's not the end of the world.

By being more self-assured, you're not only taking a stand but you will actually learn more quickly to adapt to a negative environment.

Dave Pelzer's Life Lessons

Tourism Linking Cultures: Horticulture Our Culture

Kot Man-Ya - The Brand



A new and unique Seychelles secret, Eco Lodge Kot Man-Ya a two bedroom self-catering tropical bungalow, nestling in the middle of Kot Man-Ya gardens, 2 acres of floral delight.

The Eco Lodge is barely visible amongst the giant foliage. A green and oxygen rich environment, healthy "stress free" living, just what the doctor ordered.

For more information, and reservation please contact Keven Tolfree or Winselle Marengo-Tolfree, email: [kevintolfree@yahoo.co.uk] or [winselle@gmail.com] -Tel: (248) 2599839 / 4371190.