

"Turning Possibilities into Realities"

2012 "STRIVING FOR OUR SEYCHELLES"

Rio + 20: The Future we want: The Promise

"Working Hard at Working Smart" (part III)

The Power of Love

What is Love?

Love is indeed a complicated subject and to really come to terms with fully, it can actually be a matter of truly knowing yourself and loving yourself first. When you can do that, then you will be ready to love another, whereby being better able to distinguish love from other profound emotions.

"A man with God is always in the majority"

John Knox

TESS Newsletter No. 02 of 09 February 2012

"Believing in love, life and yourself"

So what exactly is the Meaning of Love? Love can be best described as a very strong feeling that is deep down in the pit of your stomach. You experience this feeling when you are around that special somebody or when you happen to be thinking about them. **These strong feelings can be of affection, attraction and enjoyment.** In a way, it is kind of like all three of these feelings rolled up into one super emotion. Many people feel wonderful when they experience this.

Once you understand the Meaning of Love, you can truly harness its power. You will then be willing to make the most out of life and be prepared to receive everything great that is coming your way. When you truly love another person then you will feel things that only a handful of people on this planet ever experience. Isn't that a great thought? When it really comes down to it, the Meaning of Love can mean different things to different people. We all have unique romantic situations and you must work on doing what is best for you. And seriously, take heed to what is said before...you must first learn to love yourself. That is the key.

Valentine's Day

"Love and you shall be love" [Ralph Waldo Emerson]

We are now, approaching that special day we call Valentine's Day. This day certainly has a great commercial significance, but it is more symbolic than anything else. How could we describe this day? It is a day of expressing our inner feelings in an outward direction.

Soon we will be going to give our hearts, our time and attention to those we love. In our busy times it is easy to take for granted those people who are there for us each and every day. We don't always turn to those rocks in our lives and say "thank you", but that is a strong statement in itself, that they are there even when it means giving without immediate recognition. Perhaps then it's a good thing that we have a day once a year when we can look into each other's eyes and see, feel, and express our love and appreciation. It's an opportunity as well for each of us to step out of our comfort zone for a while, and share a part of us that we usually keep safely inside.

Thus let us make this Valentine's Day, a day when we clear the pathway between us, and create a renewed connection, one that can endure the other 364 days and all that life brings to our attention. Happy Valentine's Day, everyone. For those who are our rocks each and every day we offer a heart-felt smile and these simple words: we appreciate you and cherish this opportunity to share a part of our lives with you.

[IntuitiveMeaning.com]

"The most beautiful things in the world must be seen from the heart".

Rio + 20: The Future we want

The Green Economy: Many paths one direction

The Promise: The force beyond

Valentine's Day is also an opportunity to honour our patriotism, love of country and a willingness to serve honestly and sacrifice dearly for a common goal.

It is therefore an appropriate time to give due recognition and gratitude to the services rendered over the past 36 years or so by all to preserve our freedom, enhance our way of life and independence.

Thus, let us also seize this opportunity to also express, share and enjoy the love and pride of the Seychelles Islands, this great country of ours, in a non political environment with a mission to foster better awareness, understanding and tolerance between us, whereby developing a better and friendlier attitude about us by the citizens of the world.

At this point in time of our history as a Nation and that of our World, therefore, let us also not just blindly praise, rather let us now actively support, lovingly protect **our Seychelles**; in setting a firm foundation for **the future we want**, for the benefit of all generations to come.

We love you and will always love you all...

Together we stand.

WHITNEY HOUSTON "Greatest Love Of All"

I believe the children are our future
Teach them well and let them lead the way
Show them all the beauty they possess inside
Give them a sense of pride to make it easier
Let the children's laughter remind us how we used to be

Everybody searching for a hero People need someone to look up to I never found anyone to fulfill my needs A lonely place to be So I learned to depend on me

[Chorus]
I decided long ago, never to walk in anyone's shadows
If I fail, if I succeed
At least I live as I believe
No matter what they take from me
They can't take away my dignity

Because the greatest love of all Is happening to me
I found the greatest love of all Inside of me
The greatest love of all Is easy to achieve
Learning to love yourself
It is the greatest love of all

I believe the children are our future
Teach them well and let them lead the way
Show them all the beauty they possess inside
Give them a sense of pride to make it easier
Let the children's laughter remind us how we used to be

[Chorus]
And if by chance, that special place
That you've been dreaming of
Leads you to a lonely place
Find your strength in love



A new Seychelles secret, Eco Lodge Kot Man-Ya a two bedroom tropical bungalow, nestling in the middle of Kot Man-Ya gardens, 2 acres of floral delight.

The Eco Lodge is barely visible amongst the giant foliage. A green and oxygen rich environment, healthy "stress free" living, just what the doctor ordered.

For more information, and reservation please contact Keven Tolfree or Winselle Marengo-Tolfree, email: [kevintolfree@yahoo.co.uk] or [winselle@gmail.com] -Tel: (248) 2599839 / 4371190.



This Valentine's Day buy/give a 'rare' gift that grows at 60% discount, 50 spectacular varieties

Early reservations contact Tel: 4323347/2522778 http://kotman-ya.sey-tess.com/ TESS Room No. 108, Orion Mall

Happy Valentine's Day