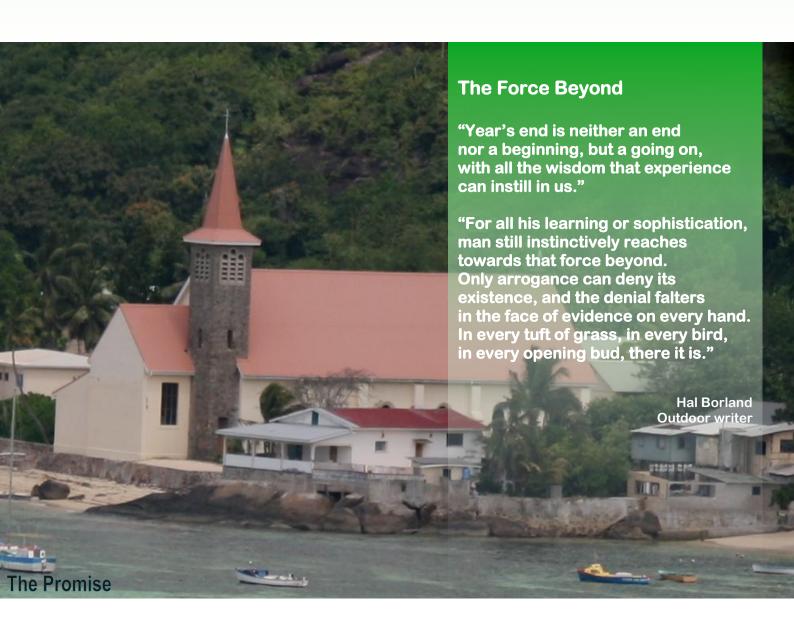


"Turning Possibilities into Realities"

2011 "WINNING FOR SEYCHELLES"

Best and worst of 2011: Moving into 2012

2012: Rio + 20 - The future we want



Motivation Building Measures

Your guide to Working smart in 2012



Awareness
and
Action

Dear Readers

This time of the year makes many of us think. It causes us to look at yesterday and tomorrow; what was and what will be. It's a time when we look back on how we did or didn't measure up to our expectations and a time when we gaze into the future about what expectations we might want to have for next year and Beyond.

It's a great time to look at some of the great and not-so-great moments at work. It's a perfect time to think about things that have happened this past year to **you**, **because of you**, **and yes**, **in spite of you**. It's a time, if you look carefully, when you can see patterns that you want to use or avoid going into in 2012. In other words, it's a great time **to get to know yourself better and plan** for next year's effectiveness and satisfaction.

One easy way to do this is to think about the best and then the worse jobs or projects you did this year.

Write about each
project from the
perspective of
what you liked and

disliked.

Go back into each
experience and
notice what you
heard, saw, did or
didn't hear or see
or do.

- What were the gratifying aspects about the best case?
- What were the infuriating and miserable parts of the worst case?
- What were the styles of the various people with or for whom you worked?
- What kinds of personality did they have?
- How did they fit or not with your style?
- What were their ways of interacting with each other and with you?
- What kinds of project focus were the assignments?
- Was it a project where the absence of people was just ducky, or was it a project that you hated because you didn't have enough contact with people?
- Consider the great project that made you feel like King or Queen of the mountain. What aspects about it were so marvellous?
- Was it that you had a chance to contribute to a new idea and then be part of its roll out?
- Was it that you played number two person on the team, which is where you prefer to be?
- What kind of supervisors did you have?
- Did you have a supervisor that let you do it all on your own, or one who was a real hands-on kind of person?
- Under which of those aspects did you thrive?
- For many people, a manager who gives strong hands-on direction, is a plus, for others, it's the kiss of death. What's your preference?

On your list, make sure that you think about what kind of information and direction you like to be working with.

- Do you like the future orientation, the strategizing, the planning part of a project or do you prefer the tactics, the putting it into place, making it work and maintaining it?
- Did the assignments deal more with concepts and ideas or practical concrete information?
- Did they focus on data and information or people and interpersonal relationships?
- Were they challenging in ways you like to be challenged?

In it, they point out that each of us needs to know who we are and so we can use what we know about ourselves in our work, and stay in the groove of the "flow" of things. They say, "Flow is productive and enjoyable," and "Everyone has flow experiences, but not everyone is aware of them."

Taking the time out to make the best/worst lists can help you focus on the flow times of your life and help you avoid the stuck places and make plans for more of what works for next year.

Each of us has preferences and patterns. Each of us, when we can use our preferred approaches and in our preferred environments know what it feels like to be really happy. On the other side, each of us also knows what hell is like when we have to do things that are so far removed from our comfort zone that it takes all we have to get it done. Once you know what your skills, styles and strengths are, you can plan, act and make more things happen.

Learning from best and worst cases can help you plan next year and beyond. There is no sense of fighting who you are, but it makes a lot of sense to know who you are. All it takes is awareness and action.

Source: Judy Rosemarin at Sense-Able Strategies-The New York Pos t 1211 Avenue of the Americas - New York, N/Y 10036

The Earth Summit 2012: Rio + 20: The future we want

The Green Economy – many paths, one direction

There are many ways and different paths for countries to achieve environmentally and socially sustainable development Building National Green Economies that promote sustainable production and consumption and protect natural resources is one of the mechanisms that would allow such development.

Since 1992, with the adoption of Agenda 21 we have known what direction we need to aim for.

Now as we approach the Rio + 20 Earth Summit, there is the need for each country, business and civil society to begin to define the concrete steps we will take to achieve Sustainable Development...

In line with the 2011 renewal of our Social, Moral And Spiritual Convictions therefore, let us endeavour to do our utmost in this direction in 2012 and beyond for the benefit of dear old Mother Earth...our one and only home.

We thank the Almighty for blessings showered upon us all each and every day. We feel great being alive and we now have a duty to honour and protect it. Thus let us waste no more...precious life on Planet Earth.

Please accept our very best wishes for a Healthy, Prosperous and Peaceful 2012.